

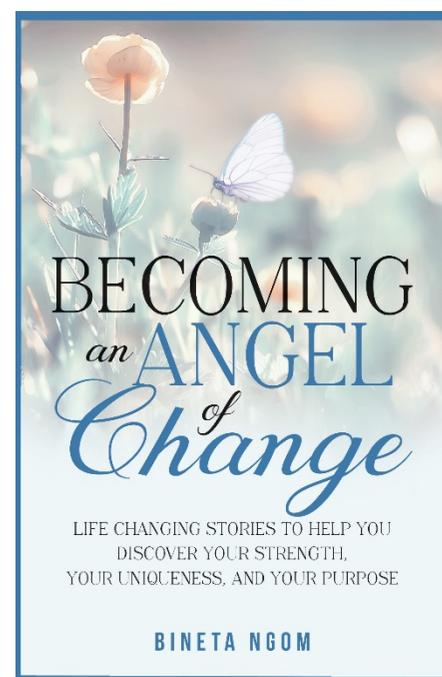


ABOUT THE AUTHOR

Bineta Ngom was born in Senegal, West Africa in 1964. She grew up without her father, who died when she was a little over four years old. She was raised by her mother who taught her how to appreciate life and serve people in need even when the family was enduring hardship. Bineta is the founder of Family Bridge Foundation, a non-profit organization improving women and children's lives in Senegal and feeding the homeless in Los Angeles.



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ABOUT THE BOOK

Through a collection of inspirational stories, Bineta Ngom details her journey exploring her life's purpose, helping others in need. From her beginnings as an eight-year-old philanthropist in Senegal, to her adult life establishing outreach programs in the United States, readers will be inspired to discover their strength, uniqueness, and purpose in her recent memoir "Becoming an Angel of Change."

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*** FOR IMMEDIATE RELEASE ***

EIGHT-YEAR-OLD PHILANTHROPIST MAKES A DIFFERENCE IN WOMEN AND CHILDREN'S LIVES.

AUTHOR AND PHILANTHROPIST BINETA NGOM SHARES HER JOURNEY TO HER LIFE'S PURPOSE, FROM HER BEGINNINGS AS AN EIGHT-YEAR-OLD PHILANTHROPIST IN SENEGAL, AFRICA TO HER CURRENT LIFE IN AMERICA THROUGH A COLLECTION OF INSPIRATIONAL STORIES IN HER NEW MEMOIR "BECOMING AN ANGEL OF CHANGE."

LOS ANGELES, CA., April 5th, 2021 ----- "Becoming an Angel of Change: Life Changing Stories to Help You Discover Your Strength, Your Uniqueness, and Your Purpose," by philanthropist and author Bineta Ngom is a story of overcoming adversity through determination, commitment, and an overwhelming desire to inspire others. Her memoir serves as an inspirational guide for people searching for their life purpose, as noted by the author in a recent interview, "The strong message from this book is for my readers to know that their lives are their choices, and being aware of their identities, their purposes, and their potentials is critical to their successes."

People are already talking about Ngom's book - "Becoming an Angel of Change " by Bineta Ngom, "is the book you need if you feel a little lost or are looking for a way to be an angel of change in someone's life." Says Tammy Ruggles, a reviewer for Reader Views.

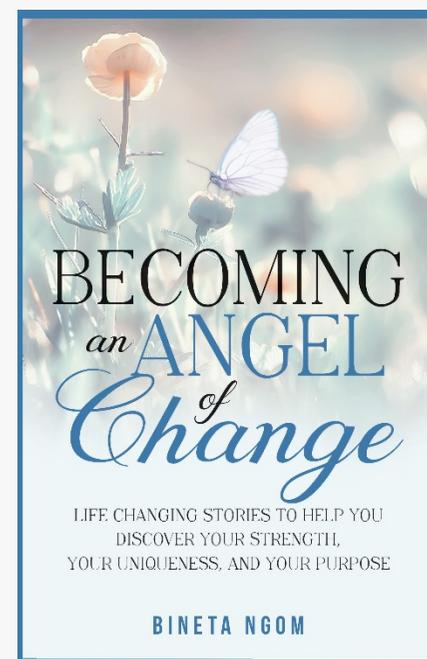
Becoming an Angel of Changes also highlights the foundation created by the author, The Family Bridge Foundation, and how it came to be. When asked about The Family Bridge Foundation Ngom says: "I fell in love with philanthropy at the age of eight...I felt like I was guided, I was chosen to do this. I also realized that it was a must to create a foundation to fulfill the purpose of my life which is improving women and children 'lives."

Becoming an Angel of Change: Life Changing Stories to Help You Discover Your Strength, Your Uniqueness, and Your Purpose", by Bineta Ngom (ISBN: 9781647751784, I Have Something To Say Press(2021) is available for pre-order now on Amazon.com and available through local and online bookstores after its release in April 2021.

About the Author

Bineta Ngom was born in Senegal, West Africa in 1964. She grew up without her father, who died when she was a little over four years old. She was raised by her mother who taught her how to appreciate life and serve people in need even when the family was enduring hardship. Bineta is the founder of Family Bridge Foundation, a non-profit organization improving women and children's lives in Senegal and feeding the homeless in Los Angeles. She also created recently an organization called Bargny Diaspora to assemble all people from Bargny living in the Diaspora to work together for the development of Bargny and its populations.

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Discovering Your Purpose and Strength by Bineta Ngom

We truly do not know who we are until life throws us a situation that shakes us to our core. But we don't need to wait for those circumstances to show us what we are made of. My mother always said you can either focus on your lack of resources or your ability to make a difference.

Now, not all of us have been blessed with a strong parent figure. Therefore, sharing my own life and experiences through "Becoming an Angel of Change: Life Changing Stories to Help You Discover Your Strength, Your Uniqueness, and Your Purpose," is important to me.

It was my mother who through example helped forged the desire to serve others in my heart. My dream to help women and children was clear to me by the age of sixteen, because I could see how my mother's service impacted the lives of people in need. Her desire to help others was so strong that she would do so even with the limited resources she had as a single mother in Senegal. She played a big part on who I am today. Finding my purpose and strength also came from discovering my identity and getting in touch with myself. **Below are some tips on how to get started on finding your purpose and strength:**

- 1-Meditate on the problems in your environment that frustrate you?
- 2-Pay attention to your feeling when you imagine the solutions you'll bring to those problems.
- 3-If those feelings inspire you, take actions, and share your story with others.
- 4-Purpose is about being, not doing. Be bold, fearless, and create a vision for your purpose.

Bineta is the founder of Family Bridge Foundation, a non-profit organization improving women and children's lives in Senegal and feeding the homeless in Los Angeles. She also created recently an organization called Bargny Diaspora to assemble all people from Bargny living in the Diaspora to work together for the development of Bargny and its populations]

Written Interview for Your Use

1-What prompt you to write "Becoming an Angel of Change"?

As a teenager, back home, I loved to read and write poems. When I came to the US, the biggest culture shock I had was loneliness I went from a strong social society to being in an individualistic one. I had so much time by myself and I was looking to use it wisely. I started to write again but I found that every time I began to write, the pain of missing my son lessened. I fell in love with writing again. I never intended to write a book in my life. There came a point in time where I had a whole notebook full of funny and sad stories that I kept for myself until I started listening to Oprah Winfrey who gave me the idea of sharing my stories with the world.

2-What is the message you hope readers will get from your memoir?

I want my readers to know that they can be a part of the solution to the problems around them. The more they know themselves, and discover their purpose, the bigger the impact they can make in their environment. I want them to know that they are chosen to be here, and each of them is packed with knowledge and a talent that needs to be shared.

3-What helped you find your life purpose and discover your strength?

I paid too much attention to my mother and my neighbor's struggles. All I was looking for was a solution for their sufferings. I grew up asking myself questions to why that was happening and how can I do something. I gave my life a meaning by serving others. By believing that I'm the solution to their struggle, I discovered my purpose. Life has no purpose except the one you give it. The day I learned that secret, my strength, my happiness, and my freedom surfaced.

4-As an immigrant in the US, who was able to build her dream in this country; what advice can you offer other immigrants during these difficult times?

We are blessed to be in a country of opportunities, and we must take advantage of that. We left our country of origin for a better life, we will encounter some culture shocks, we may be disoriented, lonely, and socially distanced, but these are signs of growth. We must embrace the journey and have a purpose to live by. No matter what we are going through, don't let it stop you. Energize your dreams, and plan to achieve them. When you fail, that's ok, keep going, it's a lesson learned.

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